

TRIBENI SONOWAL

Researcher - Demography & Public Policy

Mumbai, India

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SUMMARY

Dedicated researcher working at the intersection of gender, population studies, social justice, and public policy, with a particular interest in how social, economic, cultural, and institutional factors shape the lives and rights of vulnerable communities. Committed to gender equality, reproductive and political rights, social inclusion, and evidence-based policy, combining quantitative and qualitative approaches to explore complex social issues with curiosity, perseverance, and academic rigour.

EDUCATION

Ph.D. in Population Studies

Aug 2025 – Present

International Institute for Population Sciences, Mumbai

Thesis: *Understanding differentials and trends of child marriage in Assam: A mixed method study*

Supervisor: Prof. Nandita Saikia

Master of Arts (M.A.) in Population Studies | CGPA: 7.67/10.00 | First Class

Jul 2022 – May 2024

International Institute for Population Sciences, Mumbai

Bachelor of Arts (B.A.) in Geography | CGPA: 9.4/10.0 | First Class

Aug 2019 – May 2022

Jagannath Barooah College, Jorhat, Assam

ACADEMIC ACHIEVEMENTS & AWARDS

- Government of India Fellowship** – Ph.D., International Institute for Population Sciences (IIPS), Mumbai (2025)
- University Grants Commission – Junior Research Fellowship (UGC-JRF)** in Population Studies (Score: 180/300) in June 2025
- Best Paper Presentation Award** - National Conference on "Environment and Human Health: Challenges and Opportunities" (ECHHO 2025), Nagindas Khandwala College, Mumbai
- Late M.L. Phookan Trust Award** - Highest marks, Department of Geography (2019–2022), Jagannath Barooah University (2025)
- Government of India Fellowship** - Master's, International Institute for Population Sciences (IIPS), Mumbai (2022)
- 2nd Prize, Book Review Competition** - Integrated Network of Youth-Assam (2022)
- Author of the Month (August)** - Wissenmonk Literary Community (2021)
- Ishan Uday Special Scholarship Scheme for North Eastern Region** - Bachelor's, Jagannath Barooah College, Jorhat, Assam (2020 – 2022)
- Pragyan Bharati Scooty Awardee** - Higher Secondary, AHSEC (2019)
- Oil India Tribal Employees Association Scholarship** - Higher Secondary, AHSEC (2018 – 2019)
- Sonowal Kachari Autonomous Council Scholarship** - Higher Secondary, Dibrugarh (2018 – 2019)
- 6th Rank, 12th Examination** - Tinsukia District, SEBA (2017 – 2019)
- Anundoram Barooah Awardee** - Matriculation Examination, SEBA (2017)
- Sonowal Kachari Autonomous Council Scholarship** - Matriculation Examination, Dibrugarh (2016 – 2017)
- Matriculation Examination: 1st Rank** at Holy Child School (2016 – 2017)

WORK EXPERIENCE

Research Assistant (*University of Mumbai*)

Jun 2025 – Jul 2025

- ICSSR-sponsored Major Research Project: "Vision Problems and Educational Attainment among Children - A Case Study of Nagpur District in Vidarbha Division of Maharashtra."

Coordinator (*GS Globexim*)

Jan 2025 – Apr 2025

Research Assistant (*Department of Geography, Banaras Hindu University, Varanasi*)

Aug 2024 – Dec 2024

- Wrote reports and conducted analysis using large-scale surveys and geospatial data on the public health system in Uttar Pradesh, for the IoE Seed Grant Project "Shortage and Inequality in the Distribution of Health Workforce across Rural Hospitals of the Poorvanchal Region of Uttar Pradesh."

May 2024 – Jul 2024

Content Writer (*My Acads Company, West Bengal*)

Intern (Data Analyst) (*360 Analytika for Big Data Management*)

Dec 2023 – Mar 2024

Research Intern (*Reserve Bank of India, Mumbai*)

May 2023 – Jul 2023

- Research on "A Study on Evaluation of Training Need Analysis of Class I Officers, RBI, MRO" - Overall performance: Grade A.

PUBLICATIONS

- **Spousal Physical Violence and Women's Psychological Distress in the Middle Ganga Plain, India: The Moderating Role of Husband's Migration** - Research Article, Victims & Offenders: An International Journal of Evidence-based Research, Policy, and Practice, Taylor & Francis (2026)
- **Shaping the Future: Key Implications for Water Resource Management** - Book Chapter, Advances in Hydrology: Spatial Intelligence, Climate Change, and Sustainable Water Resource Management, Elsevier (2025)
- **Is Cooking Fuel a Latent Factor for Chronic Respiratory Diseases among Indian Women? An Indoor Air Pollution Perspective** - Research Article, Nagindas Khandwala College, Mumbai, ISBN 978-81-965048-3-0 (2025)
- **How Will the Late Count of the Census of India 2021 Affect Migration Data?** - Research Article, Dept. of Geography, Jagannath Barooah College (Autonomous), Assam, ISBN 2278-3431 (2023)
- **Environmental Consequences of the Baghjan Oil Disaster** - Research Article, Dept. of Botany, Jagannath Barooah College (Autonomous), Assam, ISBN 978-93-95124-34-8 (2023)
- **The Oil Well Disaster and its Impacts on Land Cover and Land Use of Baghjan, Assam** - Book Chapter, Dibrugarh University, Assam, ISBN 978-81-960017-2-8 (2023)
- **Impacts of Globalization on Assamese Literature in Sripuria, Tinsukia** - Research Article, Cotton University, Assam, ISBN 978-93-5737-340-1 (2023)
- **Challenges of the Student Community in the Face of COVID-19: An Assessment of Upper Brahmaputra Valley, Assam** - Research Article, Mynaghuri College, Kolkata, ISBN 978-93-5427-4510 (2021)

WORKING PAPERS

- Urban Loneliness among Older Adults in Asia: A Systematic Review and Meta-Analysis
- Examining the Chequered Development Trajectory of Three Newly Created States (Uttarakhand, Chhattisgarh and Jharkhand) since the Last Two Decades
- Migration and Well-Being in India's Aging Population: A Perspective from LASI
- Examining the Association of Tuberculosis with the Use of Cooking Fuel among Social Groups of India: Evidence from NFHS
- Utilization of Maternal Health Care Services and their Determinants in Empowered Action Group (EAG) States of India
- Inequalities in the Utilization of Maternal Health Care in EAG States of India

SEMINARS & CONFERENCES

- **Obesity and Spousal Concordance: Uncovering Patterns and Determinants of BMI among Older Adults in India - Insights from LASI** - 2nd International Conference, Longevity Asia (2025)
- **Migration and Well-being of India's Elderly Population: Insights from LASI** - IIPS, Trivandrum, Kerala (2025)
- **Empowering Tribal Communities through Sustainable Entrepreneurship: Leveraging AI and IT for Inclusive Growth** - TISS, Mumbai (2025)
- **Health and Gender: Reflections on Sustainable Development Goals (SDGs) 3 and 5** - School of Social Sciences and Languages, Vellore Institute of Technology (2025)
- **Demography and Inequality: Intersecting Paths** - Selected for Oral Presentation, Annual Meeting, Population Association of Singapore (2025)
- **30th International Population Conference (IPC2025)** - Selected for Poster Presentation, Brisbane, Australia (2025)
- **"Leaving No One Behind: Navigating Population Dynamics and Sustainable Development in India"** - Paper presented, 45th Annual Conference, Indian Association for the Study of Population, Jawaharlal Nehru University, Delhi (2024)
- **Energy Conclave 2024: India's Energy Future - Balancing Growth, Security and Sustainability** - Department of Economics, Banaras Hindu University, Varanasi (2024)
- **Environmental Protection, Conservation and Sustainability** - National Seminar, ECO CLUB, Jagannath Barooah College (Autonomous), Jorhat, Assam (2023)
- **The Increased Means of Globalization Affecting Assamese Literature** - National Seminar, Dakuwal Magazine, Guwahati (2023)

PROJECTS

- **Mental Health in the COVID-19 Pandemic** - Way Foundation, in collaboration with UNICEF. Conducted a primary survey on students' mental health during COVID-19 in Assam, analysed interview data, and authored detailed reports proposing solutions. (2020)

WORKSHOPS & TRAININGS

- **Sustainable Healthcare & Med-Tech Ecosystems: Leveraging ESG, and Project Management under NEP 2020 Framework** by AICTE Training and Learning (ATAL) Academy - Faculty Development Program at Met Institute of Management (2026)
- **Geography in the Digital Age: Exploring Spatial Contexts** - Dept. of Geography, Jai Narain Vyas University, Jodhpur (2026)
- **Mediation and Moderation Analysis** - School of Management Studies, University of Hyderabad (2026)
- **Scientific Writing** - Duke Global Health Institute, University of Global Health Equity, and University of Rwanda (2026)
- **Artificial Intelligence Tools for Research and Academia: Responsible Use and Practical Applications** - VART Consulting, Mumbai (2025)
- **Principles of Clinical Trials: Design, Conduct, and Analysis** - IIPS & DY Patil Deemed to be University, Navi Mumbai (2025)
- **Mixed Methods and Data Analytics in Social Sciences** - Indian Statistical Institute, Sociological Research Unit, Kolkata and Giridih (2025)
- **International Workshop on Qualitative Data Analysis** - Dept. of Geography, Institute of Science, Banaras Hindu University, Varanasi (2024)
- **Environmental and Climate Data Analysis using R** - Dept. of Geography, Institute of Science, Banaras Hindu University, Varanasi (2024)
- **Analyzing Research Data with R Programming** - VART Research, New Delhi (2024)
- **Data Analysis using STATA Software** - VART Research, New Delhi (2023)

CERTIFICATIONS

- **Environmental Science** - Dartmouth, via Coursera (2024)
- **Analyzing Research Data with R Programming** - VART Research, New Delhi (2024)
- **Human Resources Analyst** - University of California, via Coursera (2023)
- **Extract, Transform and Load Data in Power BI** - Microsoft, via Coursera (2023)
- **Diploma in Human Resource Management (HRM)** - Udemy, Akaaro Consulting and Training (2023)
- **Certificate in Accounting on Tally (CAT)** - AMTRON, Government of Assam, Grade A (2018)
- **Diploma in Computer Application** - District Computer Centre, Government of Assam, Grade B (2017 – 2018)

CORE SKILLS

- Large Data Handling:** Managing, cleaning, and processing large datasets (NFHS, LASI, DLHS, Census, MGP) for research and analysis.
- Data Analytics:** Statistical and geospatial data analysis using advanced tools and software.
- Research Writing:** Preparing detailed research reports, factsheets, and publications.
- Monitoring & Evaluation:** Designing and implementing frameworks for tracking project progress and outcomes.
- Communication:** Strong verbal and written communication for effective dissemination of research findings.
- Teamwork & Management:** Collaborating within diverse teams and managing tasks to achieve project goals.

TECHNICAL SKILLS

- Statistical Analysis:** STATA, SPSS, R
- Geospatial Analysis:** QGIS, ArcGIS, GeoDa
- Data Visualization:** Power BI, Advanced Excel, Microsoft PowerPoint
- Qualitative Data Analysis:** NVivo, ATLAS.ti

OTHER ENGAGEMENTS & ACTIVITIES

- **International Model United Nations:** Internship in Marketing and Promoting (2023)
- **Community Report:** Understanding Community Perspectives on Waste Management Practices in Baiganwadi, Govandi West, Mumbai (2023)
- **Menstruation Awareness Campaign** Itakhuli, Tinsukia, Assam (2021)
- **Assam Youth Association** - Member (2021 – 2022)
- **Healthcare Campaign** - Nirashoy Sishu Bhavan (2021)

REFERENCES

Dr. Nandita Saikia

Professor

Department of Public Health and Mortality Studies
International Institute for Population Sciences (IIPS), Mumbai
• nanditasaikia@iipsindia.ac.in

Dr. Kunal Keshri

Assistant Professor

Department of Migration and Urban Studies
International Institute for Population Sciences (IIPS), Mumbai
• kunal.keshri@iipsindia.ac.in

Dr. Aditya Singh

Assistant Professor

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Banaras Hindu University, Varanasi
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